

Here at



We currently have 4 Licensed Massage Therapists. They are all experienced Therapist trained in Swedish massage, Deep Tissue Massage, Therapeutic Massage, Hot Stone Massage, Sports Massage, Pregnancy Massage, and Aromatherapy. We have a special room with two tables to accommodate two people to enjoy your massage with a friend or significant other.

Benefits of Massage Therapy

- ❖ Decrease anxiety
- ❖ Stress relief
- ❖ Enhanced relaxation
- ❖ Increased range of motion
- ❖ Pain relief
- ❖ Strengthened immune system
- ❖ Improved rehabilitation after injury/surgery
- ❖ Increased circulation
- ❖ Lower blood pressure

For more information go to our website

www.in8massage.com

www.facebook.com/in8massage.com

Local Schools For Massage Therapy

Allegheny Community College

Ridge Avenue, Pgh, PA 15212
412-237-2511

www.ccac.edu

Butler Community College

107 College Drive
Butler, PA 16002
724-794-0188

www.bc3.edu

Career Training Academy

950 Fifth Avenue
New Kensington, PA 15068
724-337-1000

www.careerta.com

Everest

100 Forbes Avenue, Suite 1200
Pittsburgh, PA 15222
1-800-713-3607

Pittsburgh School of Massage

3600 Laketon Road
Pgh (Penn Hills), PA 15235
412-241-5155

www.pghschmass.com



443 Butler Road
Kittanning, PA 16201
Tel: 724-543-2777

How to Become a Licensed Massage Therapist



Massage State Board of PA

Professional Massage Therapists must maintain continuing education (24 credits every 2 years) for both the requirements of the PA State Licensing Board for Massage Therapy and the professional association along with keeping current with CPR and ethics. Only 8 of the 24 CEU credits are permitted to be taken online, the rest must be hands on.

To find out more about the world of professional massage and the schools in your state which are accredited, to the website of

www.amtamassage.org

You can send for the Pennsylvania code of Professional and Vocational Standards pamphlet at:

Commonwealth of Pennsylvania
Department of State, Bureau of
Professional & Occupational Affairs
State Board of Massage Therapy
P.O. Box 2649, Harrisburg, PA 17105

Becoming a Licensed Massage Therapist (LMT) in PA

- ❖ You need to have a good moral character
- ❖ A High school diploma or its equivalent
- ❖ Complete a massage program of at least 600 hours of in-class, postsecondary education instruction by a regionally accredited tech school, college or university
- ❖ Pass an examination approved by the Pennsylvania State Board of Licensing, there is a fee you pay
- ❖ Pay an application fee to apply for the license
- ❖ Criminal Background Check - Not convicted of a felony
- ❖ Certification to administer cardiopulmonary resuscitation (CPR)

Information on this is can be found on the PA Portal Website
www.paportal.us.gov



Once graduated, either the NCTMB or EMBLEX national exams are approved by the state licensing board for massage therapy.

Also proof of liability insurance is needed. Most therapists join the professional associations like AMTA (American Massage Therapy Association) which provide this insurance to practice legally in PA.

Massage therapy can be practiced in private offices, at chiropractic, physical therapy, medical offices, salons, spas, gyms, golf courses, cruise ships, or even on call or travel to the client's home.